

May, 2024

The Charger

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The Official Newsletter of SFTJH/CAC

As we approach the end of another school year, I want to take a moment to celebrate the achievements and growth our students and staff have experienced together. Our students have shown resilience and dedication in their academics, athletics, and activities. Our staff has focused on the individual achievement of each student while also fostering a strong sense of community among our school family. Everyone's commitment to learning and personal development has been truly inspiring. Equally as inspiring has been the support parents, family members, BOE members, and community members have given to our students and staff. Thank you all for a memorable school year!

As we look ahead, I ask that we all continue to prioritize academic growth, student well-being, and a strong network of support for our CAC educators. Together, we can continue to create an environment where every student feels empowered to Be Ready, Be Respectful, and Be Responsible!

To our graduating Chargers, congratulations on reaching this milestone. Your achievements are a testament to your hard work, determination, and integrity. As you embark on the next chapter of your journey, know that you carry with you the values and lessons learned right here at CAC. Please know you will always have a home right here!

Charger Proud - Jodi Testa

Nursing News ...

May -1st thru 31st

Skin cancer awareness month



summer to do list:

- school physicals-- appointments fill fast-- get on the schedule!!
- get those eyes tested!!
- dentist??
- update all vaccines!!

It's easy to protect yourself from UV exposure...



Long-sleeved shirts, pants, and a wide-brimmed hat offer the best protection. If you're wearing a baseball cap or short-sleeved shirt, make sure to put sunscreen on your ears, neck, and arms.



Use a sunscreen of at least SPF 15 on any exposed skin, and don't forget to re-apply it every two hours, as well as after swimming, sweating, or toweling off.



Seek shade as much as possible between 10 a.m. and 4 p.m., which are peak times for sunlight. Avoid indoor tanning.



If you work outdoors, ask about sun protection at your job, like wearing sun-protective clothing.

Summer is just around the corner...kids are already starting summer ball and increasing their outdoor time. Something as simple as sunscreen can keep them safe and healthy. No one wants to look like a used leather glove when they are 50!! Click [here](#) to see more info on skin cancer and prevention!!!

StuCo News

by Tiffany Burget

StuCo has been busy with their snack cart sells. They have also decided to encourage their fellow students to do their best on their fastbridge assessments with an incentives program. StuCo came up with the qualifications that students will need to met in order to qualify for each reward. Then StuCo members made posters that they hung up around the school to help inform the student body.

Leads on Learning

by Kaytee Deines

Our end of the year FastBridge testing will be the last week of April and first week of May. As a reminder this is the first of several criteria we consider when deciding whether a student needs Title 1 assistance beyond their regular whole group instruction for math or reading. At CAC this extra assistance is called Charger Time. Based on needs, some students receive extra support from their classroom teacher in a small group setting. This is called Tier 2 interventions. For students who have higher needs, they receive pull out time with a high-qualified tutor or intervention teacher. This is called Tier 3 interventions. If you have questions or concerns please feel to reach out by email kdeines@usd434.us

MAY 2024 | BY KARA HOLBERT



CHOIR & MUSIC ANNOUNCEMENTS



Our 6th graders just finished out their semester with their concert that was combined with our Junior High (7th and 8th Grade) Choir. Both groups gave incredibly strong performances and had a wonderful time preparing for their last concert of the year. Thank you to the amazing friends and family who have supported their students in Choir and Music this entire school year! It means more than you know to hear your applause and see your smiling faces.



SIGN UP FOR CHOIR!

-  When signing up for classes for the 24-25 school year, keep Choir on your radar!
-  Incoming Students grades 6-8 can sign up for Choir here at CAC! We would love to have you!

Our
concert:

May 1st,
6:00 p.m.

at CAC.

Students arrive by
5:45 to the
cafeteria.

4TH GRADE MUSIC

with Mrs. Sheri Moore



IMAGE BY BRGFX ON FREEPIK

4th Grade Music Concert at Carbondale Attendance Center

Wednesday, May 1st 2024, 6:00 p.m.

-Mrs. Sheri Moore, K-4 Music Teacher

Introduction: Adelyn Barnes & Austin Lyda

"Frere Jacques"

Ms. Gregoire's class-ukuleles

Introduction: Lydia Stillwell

"Funga Alafia"

Hand drum: A.J. Hartford

Ms. Vogts class-ukuleles

Ms. Gregoire's class-recorders

Introduction: Paisley Perdue & Evie Skocny

Solfège Patterns

Hand drum: Storm Masters

Ms. Hutcheson's class-recorders: White Belt Pattern

Introduction: Haidyn Green

"Kookaburra"

Rhythm Sticks: Gage Cannon

Ms. Hutcheson's class-ukuleles

Ms. Hayes' class-recorders

Introduction: Kaitlyn Schreiner

Someone to Lava

Ukulele Players and Song Leaders- Kahli Alexander, Kade Bowles, Sydney Easterling,
Bre Engler, Oliver Lynch, Lydia Stillwell, Reagan Sunday, Kinzley Walker & Amber Witchley

Thank you for coming. Keep a song in your heart!

WE HAVE CLASS PERFORMANCES COMING UP
TO SHARE OUR RECORDER, UKULELE AND
SINGING! THEN IN MAY, WE WILL CONTINUE TO
LEVEL UP WITH THE GREEN BELT FOR SOLFÈGE
AND RHYTHM.

ATHLETICS & ACTIVITIES

MAY 2024

By: Austin Hershberger



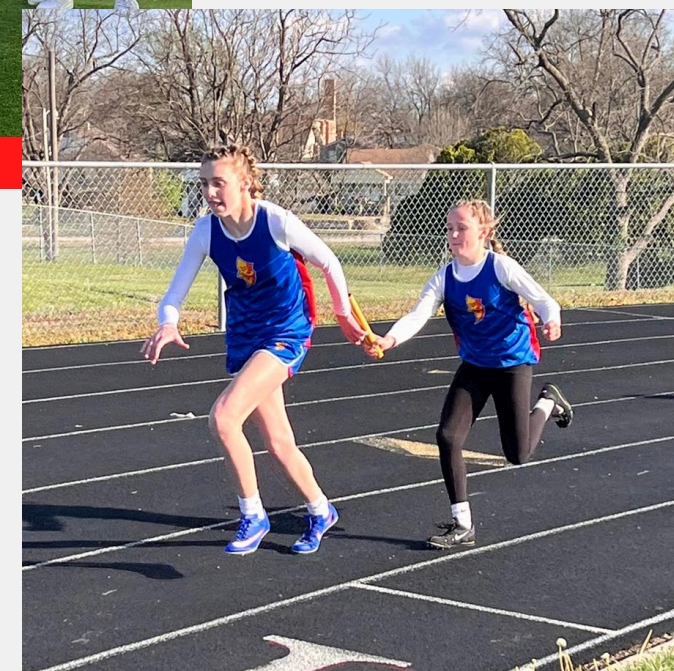
Spring Sports

The Junior High track team has experienced a lot of successes this season, including a new school record for 7th grade Girls 4x400 Relay. At the Baldwin Invitational on April 23rd, 7th graders Miley Brooks, Kensley Harding, Kennedy Portlock and Alaina Richardson set the new school record with a time of 4:54.92. This broke the previous record of 4:59.8, which was set back in 2014. The 2024 4x400 team has set a lofty goal to break their own record this season. Good luck girls! The track team will wrap up their season on May 2nd with the League meet at Wellsville High School with Field events beginning at 2:00pm.

Junior High golf has been a great experience for our young Chargers this season. All Charger golfers have an the opportunity to get a taste of competition by competing in the SFT Junior High Golf Tournament, which was held at Lamont Hill Golf Course on April 11. The team finished 2nd to Wamego at the home meet, shooting a team score of 195. The team's best success this season came on April 17 at Garnett Country Club. The team won that tournament by a whopping 40 strokes, shooting a team score of 162. The Chargers dominated the medal stand with Brody Buessing finishing as tournament champion with a score of 33. Other Chargers to medal included Cale Anschutz 2nd Place (38), Ryker French T-3rd (41), and Devon Potter 10th (50). On the girls side, Dana Mohler placed 2nd (60), and McKenna Moeller placed 10th (67).

Summer Weights will begin for the Junior High on May 28. Sessions will be held Monday through Thursday throughout the summer from 7am to 8am at CAC. All 2024-2025 7th and 8th graders are invited to attend.

Reminder, if your child plans to participate in a KSHSAA activity during the 2024-2025 school year, they must have a physical on file with the office prior to the first practice. The physical must be completed after May 1st, 2024. Please return a completed KSHSAA Physical signed by your physician as soon as possible.



UpComing Events:

May 2 - League Track @ Wellsville 2pm

May 4 - Sports Physicals Clinic @ Stormont Vail

May 28 - 1st Day of JH Summer Weights @ CAC 7a

June 18 to 20 - JH Football Camp 9am - 11am @ Santa Fe Trail High School

July 1-7 - KSHSAA Buffer Week (No Summer Weights this week)

July 8-10 - JH Volleyball Camp @ SFTHS Time TBD

*Inspiring and Empowering
Every Charger, Every Day!*

M A Y 2 0 2 4



FBLA- Middle Level Chapter

by Kim Dayhoff & Rob Colvin

The FBLA members did a fabulous job at state which was held on April 4, 2024 at the Stormont Vail Events Center in Topeka, KS. 9 of the 13 members qualified for nationals. Many members qualified in more than one event but they will have to choose just one event to compete in at nationals.

The following students will be competing at nationals

Skylar Boggs- Business Etiquette

Daniel McKee- Elevator Speech

Layla Lattimer- FBLA Concepts

Alexa Heder- Financial Literacy

Jackson McFarland- Running an Effective Meeting

Christian McWhorter- FBLA Concepts

Emily Huffman- FBLA Concepts

Andy Lyda- Exploring Computer Science

Elizabeth Parkhill- Leadership

The members are working with Mr. Colvin on some fundraisers and also the board of education contributed money to help with the students' expenses.

Future Business Leaders of America

KAY members at the Region 1 Conference held at Santa Fe Trail High School.

KAY News

by Alicia Amborski

It is the end of another year, almost. CAC KAY has a total of five individuals who have registered for KLC this year. That is up three individuals from last year, the growth has most likely occurred because of those who came back from camp with rave reviews. Students have a great time getting to know like-minded members from all over the state of Kansas and enjoy a number of recreational activities during camp. I'm sure that these five will have a super-fantastic time the last week of July at KLC. If you are sending your child, please have payment to school by May 6th. This will ensure that we have all costs covered prior to the end of the school year.

At the end of the year, I will be leaving the school and my time as KAY Sponsor. It has been a wonderful time working with my members of the past 6 years. I have had the honor of working with some of the most kind and service-minded individuals at CAC and only see great things happening as KAY moves ahead with out me.



Band Announcements

by McKenzie Rice and Lance Quilling

This year has truly been flying by! The CAC band students have worked extremely hard this semester, and we are very excited to present all of this dedication and hard work at our Spring Concert on **May 3rd**! If your child participates in band, parent notes and emails have already been sent out with the details. If you do not have a child in our program you are still more than welcome to attend this wonderful evening filled with an abundant of music! You will also hear many familiar pop songs at this concert as well! 8th grade parents, before the end of the school year please look out for a note and email regarding high school band next year!

Friday May 3rd: 5th-12th Spring Band Concert



4th and 5th grade students have been exploring “form” in the art room and building sculptures out of toilet paper. Students were eager to work on 3-dimensional projects and are excited to show off what they’ve created at their upcoming art show.



Junior High wrapped up final projects for their Art Show. Students worked creatively in teams and alone to make some impressive art pieces. 6th grade is moving on from One-Point Perspective drawing and will begin group color wheel projects as they learn more about Color Theory.



Allison H.



Sarah M, Haiden C & Anthony S



Miley B & Makenna M



Weights & PE

FIELD DAY SCHEDULE

MAY 7th 2024

8:00 - 8:45 Organization/Set Up

8:45 - 8:55 Begin walking to stations

9:00 - 9:20 - (1) Team Sports (Hockey / Volleyball) (GYM) (Gregoire- Hutchison)

9:25 - 9:45- (2) Team Running (Relay Races/ Sack Races/3 Legged) (Hayes - Vogts)

9:50 - 10:10- (3) Specialty Skills (Kick -Throw Footballs/ Frisbee tosses, golf) (Ashlock/Prost)

10:15 - 10:35- (4) Outdoor Sports (Soccer, Home Run Derby) (Amborski/Rhodes)

10:40 - 11:00 - (5) Tailgate Games (Cornhole/SpikeBall,Croquet) (Wallace/Vandevord)

11:05 - 11:25- (6) Tag Games (Sharks \$ Minnows, Survivor) (Lattimer/Washington)

*** This is a rotation, 2 Classes Each- Every Class will get every event. Please stay on schedule!!! Rotate Down- Bottom Row goes up

*** We will be on practice football field/ playground/ gym

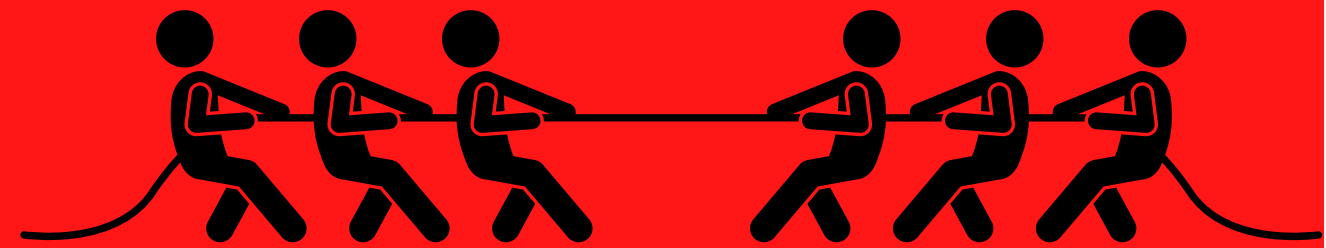
11:30 - 12:25 Burgers/ Hot Dog Lunch outside or in your Room

12:30 to 1:30 DodgeBall and Tug of War in the gym (Everyone)

1:30 to 3:15 Sports Movie in the classroom

<https://www.youtube.com/watch?v=pXWgl7pOpMM>

3:15 Dismissal



Mental Health Minute

Tips to Support Your Child's Growth and Well-Being Over the Summer

- Encourage outdoor activities to promote mental and physical health.
- Limit screen time and encourage a healthy balance between electronics and other activities, such as reading, playing games, or spending time outside.
- Promote Reading. Visit the local library for summer reading program information.
- Help your child stay connected to family and friends.
- Encourage your child to practice self-care by drinking water, eating healthy foods, and getting plenty of rest