

October, 2023

The Charger

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The Official Newsletter of SFTJH/CAC

Bolt Up! Step up and do the right thing even when alone. Show integrity!

Happy Fall Y'all! Students and staff have certainly welcomed the cooler weather of recent days after such a hot start to the school year. With the cool, crisp mornings we are off and running in a positive direction this school year. We thank you for sending your students to us each day and for supporting students and staff in such kind ways. With this support, there is truly no end of what these fine students can accomplish in their lifetime! It is a great year to be a Charger at SFTJH/CAC!

With the recent regeneration of our SFT PTO our students and staff had a great time raising funds during the Kiss the Pig competition. Many mornings our student body was nearly equally divided on their choice of 'winning' staff members. Daily it was a close race between Mr. Colvin and Mr. Prost with students dropping in their coins and the bills while smiling from ear to ear. In the end our school raised nearly \$500 for the PTO and Mr. Prost was a great sport when he donned lipstick and a hesitant smile just before kissing that cute little pig. We've posted pictures and video on our Facebook page and hope you get a chuckle out of some of them. Job well done, Chargers! On October 12 we will kick off our first school-wide fundraiser in over two years. We will take Red Wheel orders through October 27 with the delivery of all items on November 13th. We hope you will encourage your child to participate. Proceeds from this fundraiser will go directly to our 4-8 grade students in the form of quarterly celebrations as planned by their teacher teams. We do understand family life can be too busy to add in fundraising so we are offering the option of the 'non-fundraiser' along with our Red Wheel fundraiser. Families choosing to participate in this option can simply select a monetary gift donation in lieu of participating in any sales or purchases. All information needed will

be provided to your child on October 12th. Please be sure to discuss your fundraising participation plans with your child as well as your plans for holding your child accountable for turning in all proceeds in a well-labeled envelope to our responsible staff member in the gym before school starts each day.

Parents play a very important role in partnering with school staff for the growth of their children. We invite you to attend our upcoming parent-teacher conferences. Staff will be available to meet on Wednesday, 10/18 from 4 pm to 7 pm and again on Thursday, 10/19 from 8 am to 7 pm. Students will not attend school on 10/19 and 10/20. We do highly encourage students to attend to conference with their teachers alongside their parents. Teachers of students in 4th and 5th grade are in the process of scheduling individual times to meet with families and provide a copy of the quarter one report card on these dates. Teachers of students in 6th-8th grades will have an open door policy during conference hours so families can connect with them as they wish. Report cards for students in 6th-8th grade will be available inside door 1 during conference hours.

We ask that at home you support students in making positive behavior choices at school. As a school family we have the need to focus on these specific needs with a large number of students. We share this info here to garner your support in maintaining a school environment that is conducive to the academic and social growth of all students.

1. Students must keep their hands and body to themselves. Horseplay, public displays of affection, and fighting cannot be accepted.
2. Cell phones are to be turned off and safely stored in a locked locker. Please do not communicate with your child on his/her cell phone during school hours. Doing so is a direct conflict for your child and puts him/her in a delicate situation which is unfair.
3. Students may use the water fountains or bring a clear water bottle to school filled with water.
4. Our dress code is available for family review on the district website. When students violate the dress code policy we will provide a clothing option to correct it rather than interrupt parents during the school day. We ask that you launder and return the clothing to school asap so we have options to provide students.

In conclusion, the role you play in your child's education is incredibly important and greatly impacts their future. We hope to see you in our school. Come check out the amazing things that are going on at SFTJH/CAC. You are welcome any time. Thank you for your support! We simply cannot do great things for students without you.



**CONGRATULATIONS,
SHELLEY & CYNDEE!**

**SFTJH/CAC CHARGERS
OF THE MONTH**

*Thank
you!*

2023 OCTOBER



Nursing News...

COMING SOON... DENTAL CLINIC (DATES TO BE ANNOUNCED)

Don't forget to enroll your child for our school-based dental program, including Dental Exams, X-rays, Dental cleanings, Dental sealants, Fluoride and simple Fillings!

This program is optional for anyone without a primary dentist or anyone who has not been seen by a dentist in the last six months for regular routine dental care. Healthy Futures accepts Medicaid, Commercial Insurance, and the uninsured.

There is NO COST to you even if your child is uninsured or not fully covered through commercial insurance.

We accept enrollment forms all year, but to ensure they receive services at the upcoming school clinics, enroll your kiddo today.

Forms are available in the school office or through the online secure forms at the following links:

(English) <https://app.formdr.com/practice/Nzk1MQ==/form/b0eJ6CwAFz01N33LKxYJX6ZPa0JSgghO>

(Spanish) https://app.formdr.com/practice/Nzk1MQ==/form/v-l_SD5bKN-MCAvSsXj8yBefF-qoYT20

If you have any questions, please feel free to contact the Healthy Futures Team at 785-841-7297, ext. 5601 or healthyfutures@heartlandhealth.org



StuCo News

by Tiffany Burget

StuCo has selected its members for the year. Congratulations to the following students: Mackenzie Gullick, Skylar Boggs, Emily Huffman, James Diggins, Lane Losson, Maddelyn Miles, Joslynn Pierpont, Vera Utley, Reese Gullick, Raeya Dobelbower, Dakota Payne, Victoria Nottingham, Krislynn Pickett, and AJ Hartford. This group of students are already making decisions. They have decided to get the snack cart up and running again. They also presented some spirit day ideas to the counselor and administration for Red Ribbon Week.

Leads on Learning

by Kaytee Deines

In the past month, many of you have received Title I paperwork to fill out allowing your student to receive help in math and/or reading. This year our intervention system structure has changed. If your student scores in the 10th percentile or below nationally in math or reading on the FastBridge assessment, they are considered Tier 3 or “high risk” in that content area. Those students receive one-on-one pullout instruction from a member of our intervention team. If your student scores in the 11th percentile - 34th percentile nationally in math or reading on the FastBridge assessment, they are considered Tier 2 or “some risk” in that content area. Those students receive small group instruction from their content teacher during Charger Time in the classroom. These groupings will be reevaluated after our winter FastBridge assessment in December. If you have questions or concerns, as always, feel free to reach out to me by email, kdeines@usd343.us.

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Choir/Music Announcements

By Kara Holbert

We have had so much fun getting started this school year! Our JH Choir has been working hard on their music for League, & our 5th and 6th graders have been a lot of fun learning new things about music and singing as a group. 7th/8th Grade Choir parents/guardians -- Permission slips and information about JH League were sent home this week! Please get those signed and turned in as soon as possible, thank you!

Coming up:

- JH Pioneer League Choir Concert - October 18th @ Burlington
- 7th/8th Grade Choir/Band Concert - November 29th @ 7 PM
- 6th Grade Music/Band Concert - December 6th @ 7pm
- 5th Grade Program - February 29th @ 7pm at CAC



“Music expresses that which cannot be put into words and that which cannot remain silent”

Victor Hugo

4th Grade Music: Recorders

THIS OR THAT

Hello families!

I am enjoying teaching music with your children. In 4th grade we are starting to use recorders to practice rhythms, pitches, intervals, and fingerings. Each student has a white West Music brand recorder to use at school, and for concert time in the spring.

Below are several home purchase options of similar quality recorders for your consideration about practicing with a recorder at home, and/or using a different one at school. Many students have expressed they have been looking forward to owning their own and playing with it more. If you can support your local music store, here are two I frequent. Also, West Music and Amazon are options. This is not required, but a bonus opportunity.

- Manning Music in Topeka \$6.95 black Tudor; \$7.50 for 5 color choices- Tudor www.manningmusic.net
- Flint Hills Music in Emporia can take your order over the phone at 620 342 4553 for a Yamaha in blue, pink or green for \$10.99. They can deliver it to the school. West Music sells YRS20B in 5 colors \$5.50 + shipping at <https://www.westmusic.com/recorders/?count=27>.

Mrs. Sheri Moore

smoore@usd434.us

our
spring
concert:

March 4th, 2024

at 6:00 p.m. at Carbondale

Attendance Center



OCTOBER 2023

FBLA- Middle Level Chapter

by Kim Dayhoff & Rob Colvin

Students attended an interest meeting on Tuesday, September 19th at 7:30 am. We had 20 students from the 7th and 8th grade classes that attended.

This year FBLA dues are \$14 but we are only asking the FBLA members to contribute \$10 as the chapter will pay the remaining \$4 per member. Their \$10 dues were to be turned into either Mr. Colvin and Mrs. Dayhoff by Friday, Sept. 29th. Many have not yet turned in their dues. These annual dues help cover the expenses at district and state.

FBLA members will use their google classroom for updates, practice exams and content to study to prepare for their district and state competitions.

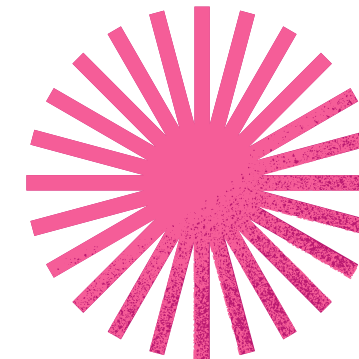
Students will compete at the district level in January and then at the state level in March of 2024 and both will be held in Topeka at the Stormont Vail Event Center.



KAY News

by Alicia Amborski

KAY has had their first meeting for the year and we are looking forward to having new participants take part in our activities. A premission form was sent home with those interested in the club last Friday. Please get these in with the \$7 dues to Mrs. Amborski no later than Octyober 6th. Student will also begin collecting our school recycling on a weekly basis beginning this week.



Adult volunteers are needed (day or evening) to hang bulletin board decorations and Cricut wall designs. Call Shelley at 800.836.9525 to sign up.

ATHLETICS & ACTIVITIES

OCT 2023

By: Austin Hershberger



Fall Sports

Junior High Fall sports are coming to a close! Football, volleyball, and Cross Country have all seen a lot of success in different ways this season. Early winter sports (Girls Basketball and Wrestling) will begin prior to the next newsletter. Continue reading for your up to date info on all things Charger Athletics at the Junior High!

8th grade football is currently holding a 5-0 record, and will look to secure back-to-back undefeated regular seasons when they face Prairie View on October 10. After starting the season 0-2, 7th grade put together back to back wins which were sparked by an impressive come from behind win vs Osawatomie on Sep 14. The Chargers were down 12-0 with less than 2 minutes left in the game and quickly scored back to back Touchdowns in the final minutes of the game, which concluded with a diving catch, walk-off 2-point conversion to secure their first win of the season, 14-12. Both teams will cap their season with Bowl games the third week of October. SFT will host the 7th Grade Bowl on October 16, and 8th Grade will travel back to Prairie View October 17 with hopes of a second League Championship in 2 years.

Junior High Volleyball has wrapped up an impressive season. 7th Grade finished the season as League Champs, beating Wellsville in 2 sets in the Championship game. 8th grade finished the season as Runner-Up, holding a 7-2 overall record in League play. As a program, the Chargers finished the season with a 25-4 overall record in League play with 7th B going undefeated and 8th B holding a 5-1 record. Great season ladies!

Several Cross Country runners have set new Personal Bests this season, and 4 have placed in the top 10 in their division. Cross Country will conclude their season at the League meet on October 12 at Wellsville.

Girls Basketball will begin practice on October 2nd. The Chargers are coached by Cyndee Washington (8th) & Lizzy Olorunfemi (7th) with Ann Fawl and Dana Workman assisting. 7th Grade will tip off their season on October 24 at Baldwin, while 8th grade will play host to the Bulldogs that evening. Good luck this season!



UpComing Events:

- Oct 5: HS/JH XC @ Osage City (OCCC) 4pm
 - Oct 10: JH Football @ Prairie View 4pm
 - Oct 12: HS/JH XC League @ Wellsville 4pm
 - Oct 16: Football 7th Gr Bowl @ SFT TBD
 - Oct 17: Football 8th Gr Bowl @ Prairie View TBD
 - Oct 24: JH Girls BB 7th @ Baldwin, 8th Home vs Baldwin 4pm
 - Oct 26: Girls BB vs Anderson County 4pm
 - Oct 28: MS Wrestling SFT Invitational 9am
 - Oct 30: Girls BB vs Iola 4pm
 - Oct 30: MS Wrestling @ Prairie View 4pm
 - Nov 2: Girls BB vs Burlington 4pm
 - Nov 4: MS Wrestling @ Emporia 9am
 - Nov 4: Girls BB B Team Tourney @ Tonganoxie 8a
- For more, please visit usd434.org

*Inspiring and Empowering
Every Charger, Every Day!*

Technology Classes

4th & 5th grade

These classes have tech once a week throughout the school year. They will continue to practice and focus on learning proper keyboarding skills. They will learn more skills when using the google app programs that will be incorporated within tech projects. I encourage all students to really focus on keeping their fingers on home rows no matter if they are on their chromebook or in the tech lab on the desktops.

6th grade

As this 1st 9 weeks is coming to an end, the 6th graders will be finishing their 9 week tech class with an animation project about digital citizenship. They have learned through class discussions, simulation activities with the Banzai website and other activities about

News & Media Literacy

Digital Footprint & Identity

Relationships & Communication

Cyberbullying, Digital Drama & Hate Speech

Privacy and Security

Media Balance & Well Being

The 6th grade tech class also practices their typing skills on Tuesday and Thursdays for about 6-8 minutes.

Mrs. Dayhoff

The students in **7th & 8th grade** have tech class as an elective either their 7th or 8th grade year. It's a semester class and they continue to practice their keyboarding skills along with more advanced skills in google apps. They also get an introduction to the Microsoft Office programs since they are using Windows desktop computers. They will also do a small unit on financial literacy where they learn about budgeting, needs vs wants and experience a Game of Life digital activity where they figure their budget, taxes and deductions with a career choice they randomly choose.

The students will also have access to 3D pens, 3D printer, a Cricut to support their projects they will choose throughout the semester from coding, 3D design, research projects, animation, game and app creation, Artificial Intelligence and more as their options are unlimited. I encourage the students to challenge themselves and add to their skills so their future has no limitations.

Band Announcements

by McKenzie Rice

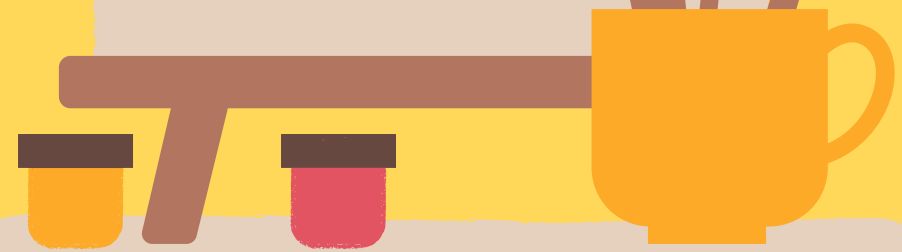
The CAC band program has been doing great things this past month! The 5th graders have officially started having band as an entire class everyday! They are very excited and will soon be playing many familiar tunes from their methods book. The 6th-8th graders have been working extremely hard on building their fundamentals and working towards their concert goals. This includes a few 7th graders learning a new instrument to add to the group. In the near future we will also be nominating 8 of our 8th grade band students for the Middle Level District Honor Band. Be on the lookout for who these students will be! Below you can find the dates for our fall concerts and events.

- November 15th 7:00pm: 5th Grade Concert
- November 29th 7:00pm: 7th/8th Concert
- December 6th 7:00pm: 6th Concert



Art

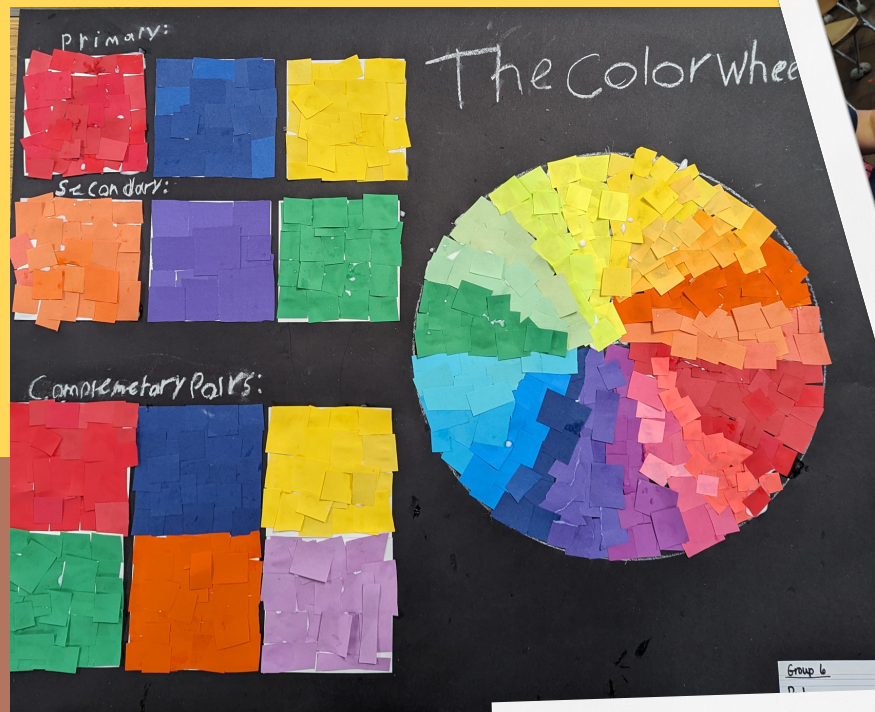
with Ms. Swisher



Grade levels showed off their school spirit with collaborative posters that were displayed in the gym for Homecoming activities. Go Trail!

Students continue to work hard and explore different artistic techniques in the art room! 4th & 5th graders are wrapping up "Complementary Crocodiles" and focusing on how colors create contrast and tell the viewer where to focus.

6th - 8th graders broke off into groups to assemble color wheel posters and are in the thick of their second unit: Color! We're bringing out the paint and focusing on how colors express meaning in artistic work.



Color Poster Group Work



Spirit Posters



Go Trail!

Weights and PE

New information will be included in our November newsletter. As we begin another school year the PE department is getting into full swing. Coach Staten is in year #2 of running the weights program and Coach Duncan is in year #25 running the PE program. The overall goal of the PE department is to add a variety of activities, encourage participation, and work towards activities that can lead to an active lifestyle later in life. The weight program is in the process of going through lifting fundamentals and techniques with an emphasis on weight room safety. Coach Staten says: "It's important for us to give the students a good workout but more important for us to ensure safety and fundamentals into the beginning weight lifters." As the year progresses the students will be progressing to Locomotor and plyometric movements that help build body weight strength, muscular endurance, and mobility. This semester Coach Staten will also be adding a bicycling unit to build leg strength.

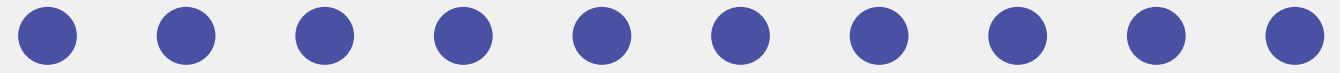


Stop by the gym or weight room and see all the good things that are going on!

New information will be included in our November newsletter. The PE class is divided into weekly units that offer a variety of activities that range from volleyball, floor hockey, pickleball to even tailgate games. Coach Duncan believes that learning the basic principles of these games will come in handy at some point. "The more activities you put in front of kids, the more likely they are to enjoy or find a passion that suits them." "Not all kids like the same things, so a good variety is important." The message Coach Duncan often delivers is: PE class should be fun, it should be about activity, learning how to conduct yourself in a competitive environment, and learning how to communicate and show teamwork.



Counselor's Corner



Over the past few weeks, students have attended presentations and guidance lessons about bullying awareness. These presentations have aimed to educate students to recognize and address bullying behaviors effectively. Students learned about the different forms of bullying and the impact bullying behaviors have on others. Below are some ways parents can help reinforce these lessons at home.

Red Ribbon Week is October 23rd-27th. Thank you to our STUCO representatives for coming up with some creative spirit week ideas to help highlight the importance of making healthy choices! More information will be available soon.

- Encourage discussions with your child about the presentations they attended. Ask them what they learned and how they can apply this information to their daily lives.
- Remind your child of the importance of treating others with respect and kindness.
- Monitor online activities and teach your child about the potential risks of cyberbullying. Stay vigilant about your child's online presence and guide them on responsible internet use.
- Communicate with the school if you have any concerns or need further support regarding bullying.