

December, 2022

# The Charger

Jodi Testa, Principal  
Austin Hershberger, AP/AD  
1.800.836.9525

The Official Newsletter of SFTJH/CAC

## You Belong Here!

The first semester of this school year is rapidly winding down. With just a few days left in 2022 our students and staff are gearing up for the mid-year assessments. The test results from the FastBridge and state interims assessments will enable us to compare results to the beginning of year so we can measure individual student growth. Big testing days for us are: 12/6, 12/7, 12/12, and 12/13. Please encourage your child to get some extra rest, drink additional water, and to eat nutritious meals and snacks so they are well-prepared for the tests. From these results we will reorganize intervention and Charger Time groups so please communicate with your child that these tests truly do matter and that you expect him/her to perform their very best! We are rolling out an incentive program to students for these tests. With your home support, your child's dedication and effort, quality instruction throughout each school day, and our new incentive program we are excited to see mounds of individual growth.

Report cards will be sent home with students on 1/6/23. We will be sure to include your child's FastBridge and state interim test results so you can celebrate learning growth and follow up at home. Other important dates in December include:

**\*\*12/7 7:00 pm 6th Grade Band/Choir Program**

**\*\*12/13 5:30 pm SFTJH/CAC Site Council - all parents are welcome**

**\*\*12/14 at 6:00 pm BOE Meeting in Scranton**

**\*\*12/16 SFTJH/CAC Art Show - 5:00 to 7:00 pm - all are welcome**

**\*\*12/19 7th/8th Grade Dance - during school day**

**\*\*12/20 Christmas Sing - during school day**

**\*\*Watch for classroom party info from teachers.**



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## StuCo News

*by Tiffany Burget*

StuCo has been busy at work with teachers and other organizations this month. They helped set up our Thanksgiving Dinner, organizing students and adults into 25 tables for 2 different lunches. They also continued their positivity and staff shout out board.

## Leads on Learning

*by Kaytee Deines*

This month's literacy strategy involves partner reading and is called paragraph shrinking. This a great way to improve a student's oral reading fluency and summarization skills in only 20 minutes. Here's how it works:

- Find a grade level short story or passage.  
[www.readworks.org](http://www.readworks.org) is a free resource for passages.
- Partner A (parent or higher reader) begins by reading aloud for 5 minutes while Partner B follows along.
- Partner B rereads the same text for 5 minutes, while Partner A follows along, assisting by prompting only if necessary.
- For the next 5 minutes, Partner A starts where Partner B left off, stopping after every paragraph to summarize.
- For the final 5 minutes, Partner B will read from where Partner A left off, stopping after each paragraph to summarize.

\*\*\* The key to the summarization after each paragraph is that the partner can only use ten words or less.

# THE COUNSELOR CORNER

MEGHAN FULLER - M.S.  
SCHOOL COUNSELING

The focus of this month is **empathy**, or simply put, being able to put yourself in someone else's shoes.

Some surveys indicate that empathy is on the decline in the United States and elsewhere, findings that motivate parents, schools, and communities to support programs that help people of all ages enhance and maintain their ability to be empathetic. Researchers believe people can choose to cultivate and prioritize empathy. People who spend more time with individuals different from themselves tend to adopt a more empathic outlook toward others. Other research finds that reading novels can help foster the ability to put ourselves in the minds of others. Meditation has also been shown to help cultivate brain states that increase empathy. How do we improve empathy in our students? There are four ways: model empathy, discuss emotions, help out in the home and community, and praise empathetic behavior.



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**" THE HIGHEST FORM OF KNOWLEDGE IS EMPATHY."**

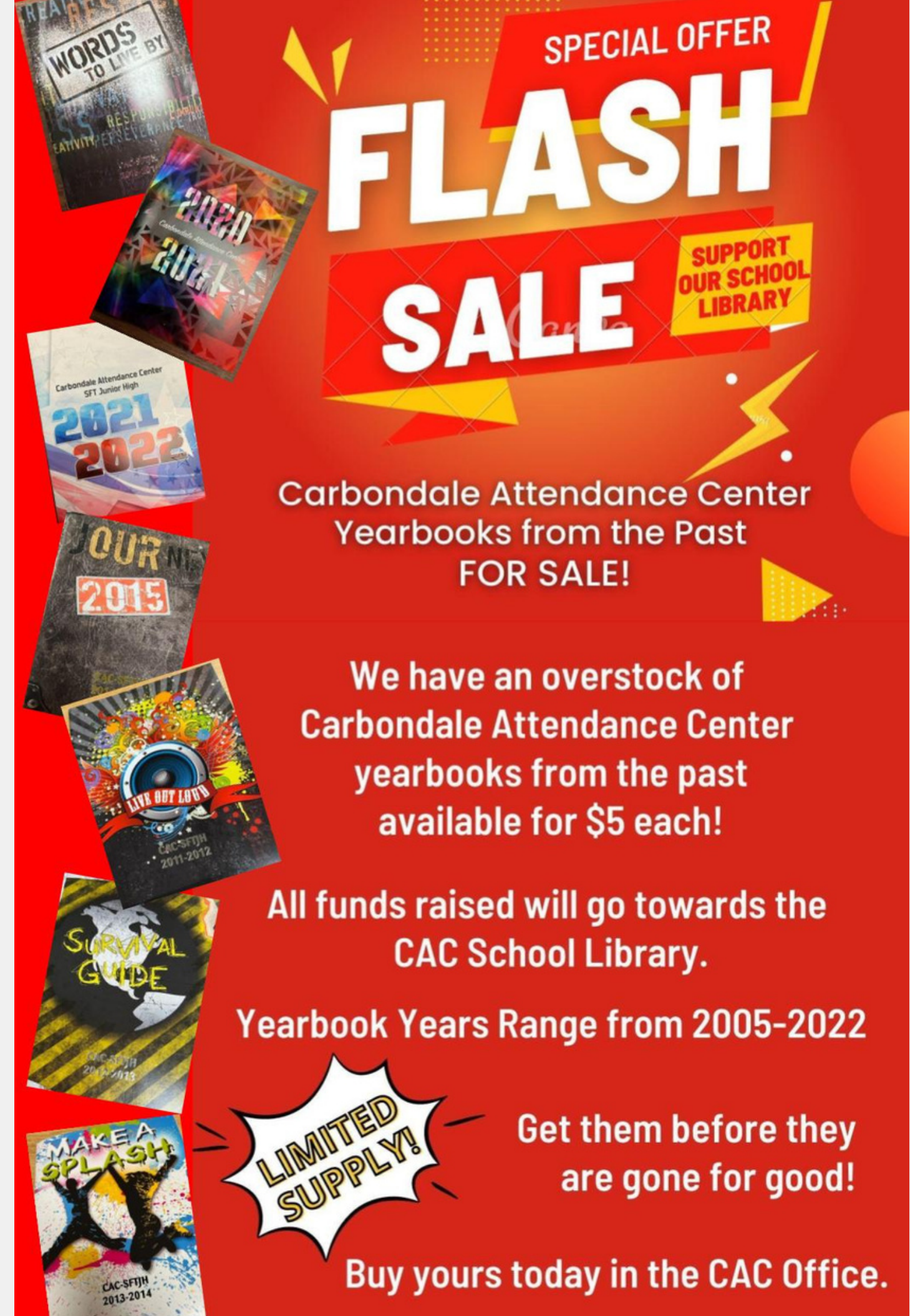
-BILL BULLARD

# CAC LIBRARY NEWS

The Fall Scholastic Book Fair was held Oct. 1- Nov 4th, and with the rewards earned we were able to acquire about 90 new items for our library. During the Book Fair Week over 30 students were "Caught Reading," and had their names entered to receive a prize.

Our Library Lap Blanket Raffle Drawing was held on November 16th. Congratulations to our winner, Megan Haid! We raised close to \$200 to support library materials and activities.

We are continuously working to acquire more reading materials in a variety of formats to serve our staff & student body.



**SPECIAL OFFER**  
**FLASH SALE**

**SUPPORT OUR SCHOOL LIBRARY**

Carbondale Attendance Center  
Yearbooks from the Past  
**FOR SALE!**

We have an overstock of  
Carbondale Attendance Center  
yearbooks from the past  
available for \$5 each!

All funds raised will go towards the  
CAC School Library.

Yearbook Years Range from 2005-2022

**LIMITED SUPPLY!**

Get them before they  
are gone for good!

Buy yours today in the CAC Office.

Yearbook covers shown include: 'WORDS TO LIVE BY', '2020-2021', 'Carbondale Attendance Center SFT Junior High 2021-2022', 'OUR 2015', 'LIVE OUT LOUD', 'SURVIVAL GUIDE', and 'MAKE A SPLASH'.



## Band Announcements

*by McKenzie Rice*

The CAC band program has been very invested in preparing for their upcoming concerts! Come on out and enjoy some amazing music on the dates below in the CAC gymnasium.

- November 30th 7:00pm: 7th/8th Concert
- December 7th 7:00pm: 6th Concert

Congratulations to our 5th grade band students who put on a fun and successful concert this past month! Finally, a final congratulations to Brynna Perry, Ainsley Johnson, and Caitlyn Heronime for making the District Middle Level Band. They will be performing on Saturday December 3rd at Blue Valley High School.

DECEMBER 2022

## Choir/Music Announcements

*By Kara Mason*

The students in Junior High Choir performed in our Veterans Day Assembly this past month and did an amazing job honoring our Veterans! They also just finished their second concert of the year on November 30th. Coming up this month is the 6th Grade Concert for both Music and Band on December 7th at 7PM!

Coming up:

- 6th Grade Music/Band Concert - December 17th @ 7PM
- Christmas Sing Celebration - December 19th during school!



**Rhythm and Harmony find their way into the inward places of the soul.**

Plato

## FBLA- Middle Level Chapter

by Kim Dayhoff & Rob Colvin

The FBLA- middle level chapter are getting ready for their first competition, which will be on Wednesday, January 25, 2023. This District VII competition will be held at the Emporia State University's campus.

The members have been meeting once a month at 7:30 am reviewing procedures along with getting prepared for their first competition which will involve each student taking up to 6 objective/competency tests that include the following categories:

Digital Citizenship, Business Etiquette, Career Exploration, FBLA Concepts, Exploring Technology, Economics, Computer Science, FBLA Mission & Pledge, Financial Literacy, Interpersonal Communication, Leadership, Learning Strategies, and Running an Effective Meeting. The FBLA members also have the opportunity to participate in an Elevator Speech and a Critical Thinking competitive event.

Each member will continue to use the FBLA google classroom to access all the materials and study guides for their District and State competitions.

The next meeting will be Tuesday, November 29, 2022 at 7:30 am in Mr. Colvin's classroom. Max Black, our District VII Vice President, will be talking with the members and getting them more prepared for their first competition. Students will need to have their 4 to 6 events chosen by December 9, 2022 and this will be done via a google form in the FBLA google classroom.

FBLA will continue to have their monthly meetings on the 2nd Tuesday of each month at 7:30 am in Mr. Colvin's classroom, starting December 13, 2022.



Alexia Garcia, Olivia Roberts, Lea Roberts and Alexa Heder with State KAY Director, Annie Diederich

## KAY News

by Alicia Amborski

A lot has happened in the past month or two in regard to KAY. First, during the month of October the profit made in regard to Boo Bags was a total of almost \$200.00. This money is being sent to Global Giving, a non-profit that supports the needs of hurricane victims.

Second, our KAY officers attended the Unit Conference at Council Grove High School. This time allowed our officers an opportunity to meet with other like minded individuals and explore possible service projects as well as learning about other civic resources. Third, KAY headed up the CAC/SFTJH food drive, gathering items, tallying materials brought in and getting the food ready for distribution. Our school had a total of just over 300 items donated. These items were sent out helping a total of ten families within our school have a Thanksgiving dinner and other items were distributed to food banks. Fourth, our members helped with the CAC Thanksgiving Luncheon, setting up tables and chairs, helping the cooks serve the meal, ushering students and guests to their tables, taking individuals trays and serving dessert, and cleaning up all table and chairs.



DECEMBER 2022

# Art News

## Winter Art Show

The CAC art students have been putting in a lot of work towards their winter art show. The entire show is being planned out by the students. This is a mandatory event for the 7th and 8th grade students as they are using it for valuable practice of presenting artwork. However, all students will have work in the show. Art show is on December 16th 5pm to 7pm. They are excited about the art show contest and have selected their own categories to be voted on. The more guests that the students bring, the more votes they can get!

## Fall 2022 Art Field Trip

The seventh and eighth grade art students will be going on a field trip to the Spencer Museum of art and the natural history museum at KU. The students will learn about the role that museums play in society and learn how to view art in the setting. The field trip is on December 20th.

## Art Club

Art Club has been becoming very popular. Please remember that I do need permission from a parent in the form of an email before new members may join us. Meeting times are 3:45-4:45 every Tuesday.



## Athletics and Activities

*by Austin Hershberger*

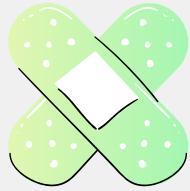
Wrestling wrapped up their season on November 29 at Shawnee Heights. There was a lot of success this season in many different ways for the team and each individual wrestler. Thank you to our coaches Chad Schmale, Robby Madden, and Christian Gulker for the hard work, time and energy that you have put into our athletes this fall!

Our Girls Basketball teams have competed very well this season. The 7th grade team currently holds a 4-5 record in league play, while 8th grade stands at 8-1. The teams will wrap up their seasons with home games vs Osawatomie on December 5, and Iola on December 8. Thank you for the continued support of the girls this season!

Boys Basketball practice will begin on Monday, December 12. Due to the anticipated participation numbers, the 7th grade team will practice each day at SAC from 3:45-5:15, while 8th grade practices at CAC until 5:30. If you have a 7th or 8th grade son who is interested in playing this season, please make sure that they have all sports forms on file with the office prior to practices beginning.

Upcoming events:

- Dec 5: Girls Basketball vs Osawatomie @ CAC 4pm
- Dec 7: 6th Grade combined Band/Choir concert @ CAC 7pm
- Dec 8: Girls Basketball vs Iola @ CAC 4pm
- Dec 12: First day of boys basketball practice
- Jan 5: Boys basketball @ Prairie View 4pm



# Nursing/Health Office

Happy Fall!!

Temperatures are fluctuating and with that we are seeing more headaches, sore throats and even stomachaches. Please keep in mind that it is not only allergy season but we will be starting to see influenza and stomach flu make their appearances soon. Preventative measures include good handwashing, not sharing drinks, covering mouths/noses when cough, and following the recommended guidelines (see picture) when it comes to keeping kids home and sending them back after illnesses.

One way to help the nurse with the increase in visits to the nursing/health office is to make sure you have a current Over the Counter medication administration form on file. These need to be completed and submitted every school year in order for your child to received any medication, including cough drops, from the nurse. The link to the form is:  
<https://tinyurl.com/5azyb2ch>

This form can be sent back to school with your child or emailed to the nurse at [dgreenfield@usd434.us](mailto:dgreenfield@usd434.us)

If you send in a signed Over the Counter medication form, please send the medication, in the original bottle, with your child. We can store it in the nurse's office for the school year. There is a very limited supply of over the counter medication that the nurse has available and it is for Emergency Use Only!

## I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or "crusty" drainage from eye	Hospital stay and/or ER visit

## I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication i.e Tylenol, Motrin	Free from vomiting for 24 hours	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home and proof is provided to nurse	Evaluated by my doctor and have a note to return to school	Released by my medical provider to return to school
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