

# STUDENT LEADERSHIP

Students are developing the mindsets, behaviors, and skills to be effective, lifelong leaders.

## Personal Development [S/F]

Students take responsibility for their actions and emotions and prioritize the things that are most important to their future.

<i>How easy are these things for you?</i>	<i>Student</i>				
Doing the things that you said you would do	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Following rules at school when others don't	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Getting yourself out of a bad mood	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Knowing what is most important to you	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Doing the most important things first	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this

## Interpersonal Development [S/F]

Students build positive relationships through understanding, communicating, and valuing the differences they see in others.

<i>How easy are these things for you?</i>	<i>Student</i>				
Focusing on what a person is saying, instead of what you want to say	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Thinking about other people when you make decisions, not just about yourself	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Being happy for people when good things happen to them	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Getting along with a friend when you disagree with them	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this

## Positive Wellbeing [S]

Students engage in the behaviors and embrace the mindsets that build resilience and hope.

<b>How often are these things true for you?</b>					
"I believe I will have a good life when I am older."	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever
"I am proud of who I am."	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever
"I feel excited about my future."	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever
"I like who I am."	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever
<b>Most weeks, how often do you do things that are good for your:</b>					
...body? (Like exercise, eating well, and getting enough sleep.)	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever
...“spirit”? (Like helping others or doing things that make you feel peaceful.)	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever
...mind? (Anything that means you are using your brain to learn new things.)	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever
...“heart”? (Like laughing, having fun, and spending time with friends and family)	All the Time	Most of the Time	About Half of the Time	Some of the Time	Hardly Ever

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## Self-Advocacy [S]

Students work to overcome barriers, problem-solve, and find solutions on their own and know how to enlist support when needed.

<b>How easy are these things for you?</b>					
Getting help to reach your goals when you need it.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Telling a friend when you need something.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Asking an adult for what you need.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Working to develop your strengths and talents.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Standing up for yourself when you need to.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this

## Prosocial Behaviors [S]

Students support each other and offer help as needed.

<i>How easy are these things for you?</i>					
Finding ways to use your strengths to help others.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Helping others without being asked.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Helping to encourage others.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this
Helping a student who feels left out.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I don't try to do this

## Student Empowerment [S]

Students are provided with schoolwide and classroom opportunities that include them in decision-making and grow their leadership competence.

Do adults at this school ask students how to make the school better?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
Do students at this school get to help plan or lead school events?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
Do students have power to change how things are done at your school?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All

## Trusted Relationships [S]

Students have a high trust relationship with a teacher they feel comfortable with and can connect to.

<i>Think about the teachers you have right now. Are these things true about AT LEAST ONE of them?</i>					
"I can be myself around my teacher."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
"I can talk to my teacher when I have a problem."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
"My teacher is easy to talk to."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
"My teacher understands me as a person."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All

## School Belonging [S]

Students feel cared about and understood by people in their school.

Can you be yourself at your school?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
Do you feel cared for at school?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
Do you feel like a valuable part of your school?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
Do you feel like there are other students at this school that like you?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All

## Supportive Teachers [S]

Students have a high expectations relationship with at least one teacher who provides the encouragement and support they need to lead their learning.

Do you feel like you get the support you need to succeed?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
<i>Think about the teachers you have right now. Are these things true about AT LEAST ONE of them?</i>					
"My teacher thinks I work hard."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
"My teacher pays attention to what I need and helps me get it."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
"My teacher is proud of me."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
"My teacher helps me to keep trying when something is hard."	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All

## Academic Self-Efficacy [S]

Students are able to apply personal leadership habits to plan, prioritize, and persevere in their academic pursuits.

Can you get past things that might stop you from achieving your goals?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
Do you like working towards challenging goals?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
Do you believe you can learn most things if you try hard?	Yes, Definitely	Mostly	Kind of	Only a Little	Not at All
How easy is it to decide what to do first when you have a lot to do?	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I Don't Try to Do This
<i>How likely are you to do these things?</i>					
Keep trying when things are hard.	Very Likely	Kind of Likely	Kind of Unlikely	Very Unlikely	
Make a plan when you are struggling to learn something new.	Very Likely	Kind of Likely	Kind of Unlikely	Very Unlikely	I Don't Know How to Do This
Try to find out what you did wrong when you make a mistake.	Very Likely	Kind of Likely	Kind of Unlikely	Very Unlikely	I Don't Know How to Do This

Teachers provide students with the knowledge, opportunity, and support to set and achieve meaningful goals while connecting them to school-wide goals.

### Student Goals [S]

Students are confident in their ability to set and achieve their goals.

<i>How easy are these things for you?</i>					
Setting goals.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I Don't Try to Do This
Talking to someone about how you are doing on reaching your goals.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I Don't Try to Do This
Tracking your progress as you work to reach your goals.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I Don't Try to Do This
Making a plan to reach your goals.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I Don't Try to Do This
Following the plan you made to reach your goals.	Very Easy	Kind of Easy	Kind of Hard	Very Hard	I Don't Try to Do This