

**SANTA FE TRAIL HIGH SCHOOL  
NEWSLETTER  
SEPTEMBER 2018**

**SECOND CHANCE BREAKFAST**

SFTHS is offering a second chance to get breakfast in a grab and go style. We hope to catch the students who might have missed breakfast because they are running late or maybe our traditional breakfast is served too early for them. Every student who grabs a breakfast will get fresh fruit, juice and milk along with the main entree or cereal. The student will enter their meal number and will be charged appropriately. They will take their breakfast and eat it in the classroom. This is being offered during passing between 1st and 2nd hour.



**DENTAL CLINIC FOR HIGH SCHOOL STUDENTS**

High School Dental Clinic will take place at Scranton Attendance Center on September 25th during the school day. Please complete the appropriate paperwork by September 10th. Any questions regarding the Dental Clinic please contact Hannah at Douglas County Dental Clinic 785.312.7770 ext 206 or [OUTREACH@DCDCLINIC.ORG](mailto:OUTREACH@DCDCLINIC.ORG).

High School Hearing and Vision screens will be completed on September 19th and 20th. We will be screening all 9th and 11th graders, any new students and any student with an IEP. Parents will be notified with a paper form if your student failed either exam and would need to be referred for further evaluation. All students that pass their exam will have records of their exam in their health file at the school and results can be given to the parent or guardian at their request.

## **COUNSELOR CONNECTION**

Hi! I'm Melissa Strother. This is my 6th year working at SFTHS as a counselor. Prior to starting at SFT, I taught PE at Campus High School and Biology at Baldwin High School.

My favorite part of this job is seeing students grow toward adulthood. I especially love when I get the chance to check in with former students to see how things are going for them. I have a husband and three boys ages 12, 11, and 5 that keep me very busy. My favorite way to spend time is supporting kids doing what they love, both my own kids and the students at SFT. Between kid events, I enjoy reading, cooking, and naps. I'm looking forward to another great year on the Trail!

Hey there! My name is Angela Black, and I am very happy to be serving USD 434 as a counselor this year. I will be splitting my time between Carbondale Attendance Center/SFT Jr. High and Santa Fe Trail High School. I love this district -- it's such a wonderful place to be! Previously, I taught English at SFTHS, and I am a 1994 Santa Fe Trail High school graduate. My three sons attend schools in this district as well. They certainly keep me hoppin'! When I'm not chasing my kids around watching them do their things, I like to fill my free time with family and friends. I also enjoy archery, gardening, cooking, and reading. This is going to be a fantastic year! I'm looking forward to working with all our students in a different capacity. It's great to be a Charger!

Also from the Counselor's Corner:

Suicide is the second leading cause of death among young people between the ages of 10 and 24. It is considered a "Silent Epidemic". September is **National Suicide Prevention Month**; in recognition of such, Santa Fe Trail students will get information on awareness and prevention of youth suicide.

## **CHARGER DAY AT SFT**

We experienced our first Charger Day of the 2018-19 school year on Wednesday, September 5<sup>th</sup>. This day set the foundation for the Charger Days ahead. Students did the following.

1. Student were introduced to their leadership teams as well as their teams they will stay in all year.
2. They worked in Xello, the Individual Plan of Study program.
3. They participated in a Leader in Me lesson—"What is a habit?"
4. They were introduced to App Amour, the school safety app we have personalized to USD 434.
5. They were introduced to the plan for Project Based Learning. Look out here! We have students with some pretty great ideas.

All in all, it was a pretty good first day.

### **NATIONAL HONORS SOCIETY AT SFT**

Prior to school starting the National Honor Society Charger Chapter members and sponsor gathered for a back to school barbecue. The evening included great food, tons of laughing, crazy card games, and yummy s'mores.



### **Athletics and Activities at Santa Fe Trail High School**

Athletic teams began practice on August 13<sup>th</sup> after a very dry and hot summer. Santa Fe Trail is proud to encourage all of our students involved in activities in their quest to represent our school and community in a positive way. If you get the opportunity, please come out and support them at home or on the road.

#### **Football**

The 2018 Charger Football Team consists of 55 players this year. SFT is able to support a schedule consisting of freshmen/C, junior varsity, and varsity teams. The annual Blue/White scrimmage was held on August 24<sup>th</sup> allowing the coaching staff to see the team in a setting other than the practice field. The varsity hosted Prairie View on Friday, August 31<sup>st</sup> and lost a close one to the Buffaloes 20-19. The JV traveled to Prairie View on Tuesday, September 4<sup>th</sup> and came away with a 30-28 victory in 2 OT's. Today, the freshmen travel to

Prairie View to open their season. The varsity team will travel to Osawatomie on Friday, September 7<sup>th</sup>.

### **Volleyball**

Santa Fe Trail started the season with a varsity tournament on Saturday, September 1<sup>st</sup> at Jefferson West and went 0-5 on the day. The junior varsity and varsity traveled to Burlington on September 4<sup>th</sup> to play Louisburg and Kansas City-Piper. The Junior Varsity lost both, and Varsity split, beating KC-Piper and losing to Louisburg. There are 19 volleyball players on the roster for 2018.

### **Girls Golf**

The girl's golf team was the first athletic team to represent Santa Fe Trail High School this fall season. They participated in a tournament hosted by Jefferson West on August 31<sup>st</sup>. There are 6 members on the girl's golf team this year. Santa Fe Trail will be hosting our tournament on September 25<sup>th</sup> at Hidden Springs Golf Course just outside of Overbrook, beginning at 3:00 p.m.

### **Cross Country**

The Santa Fe Trail Cross Country roster is comprised of 11 girls and 16 boys this year. The team was scheduled to compete at Anderson County on August 31<sup>st</sup>, but was unable to compete due to the weather and conditions of the course. On Saturday, September 8<sup>th</sup> SFTHS is to run at Wamego, conditions permitting.

### **Dance Team**

The dance team has 10 members for the 2018-2019 school year. They provide entertainment at pep rallies, at the half time of home games, and also compete in dance competitions during the school year.

### **Cheerleading**

Our cheerleaders have been working hard all summer to increase the amount of spirit at our athletic events. They also coordinate and are in charge of all pep rallies' providing a positive atmosphere for all students and fans. This year we have a total of 12 cheerleaders.

### **Band**

The band participated in the "Battle of the Bands" at the Overbrook Fair Parade on Saturday, August 11<sup>th</sup> and provided great enthusiasm and entertainment along the parade route! This year the band placed 2<sup>nd</sup> again!! The band will perform at halftime of the home football games. There are ninety-five members in this year's band.

### **Debate**

The Debate Team begins their season on September 14<sup>th</sup> and 15<sup>th</sup> at Washburn Rural. There are 13 students participating in debate. SFT will host a debate tournament on Saturday, September 29<sup>th</sup>.

### **Musical**

The Musical for this year will be Annie!! Tryouts have begun and the shows are scheduled for November 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>.